

TERPENES

Terpenes are the essential oils naturally produced by living organisms. These oils are the smells and tastes of life and also have therapeutic & medical value. Below are some major terpenes and their effects.

Bi

Bisabolol

Vaporization Temp: 307° F

USES

Anti-bacterial
Anti-inflammatory

AROMA

Floral, Black
Pepper, Spice

ALSO FOUND IN

Chamomile,
Candeia

STRAINS

AC/DC, Harle-Tsu

Ca

Caryophyllene

Vaporization Temp: 320° F

USES

Pain Relief, Antidepressant,
Anti-inflammatory

AROMA

Spicy, Woody,
Pepper

ALSO FOUND IN

Thai Basil, Cloves,
Black Pepper

STRAINS

Alien Bubba, Salmon River
OG #4, Glass Slipper

Hu

Humulene

Vaporization Temp: 388° F

USES

Anti-inflammatory, Appetite
Suppressant, Pain Relief

AROMA

Hoppy, Woody,
Earthy

ALSO FOUND IN

Clove, Basil,
Coriander

STRAINS

Viper City OG, Brownie
Scout, Sour Joker

Lm

Limonene

Vaporization Temp: 349° F

USES

Improves Mood, Anti-Anxiety,
Anti-Depressant

AROMA

Bitter
Citrus

ALSO FOUND IN

Fruit Rinds,
Rosemary, Juniper

STRAINS

Lime Skunk, Blueberry
Space Cake, Lemon Cookies

Li

Linalool

Vaporization Temp: 388° F

USES

Anti-anxiety, Sedative,
Pain Relief

AROMA

Floral, Sugar,
Citrus

ALSO FOUND IN

Lavendar, Citrus,
Rosewood

STRAINS

Blue Cheese, Katsu Bubba
Kush, Super Silver Haze

My

Myrcene

Vaporization Temp: 334° F

USES

Sedative, Muscle Relaxant,
Anti-inflammatory

AROMA

Musky, Herbal,
Earthy

ALSO FOUND IN

Mango, Hops,
Bay Leaves

STRAINS

Chemdawg, Sojay Haze
707 Headband

Pi

Pinene

Vaporization Temp: 311° F

USES

Boosts Energy, Improves
Focus, Bronchodilator

AROMA

Piney,
Sweet

ALSO FOUND IN

Basil, Rosemary,
Pine Needles

STRAINS

Lost Coast OG, Lime Sorbet,
Reserva Privada

Tp

Terpinolene

Vaporization Temp: 365° F

USES

Antioxidant, Anti-Tumor,
Anti-Fungal

AROMA

Piney, Woody,
Floral

ALSO FOUND IN

Apples, Cumin,
Lilac

STRAINS

Salmon River OG #3,
Cherry Wonka, Mazar

Disclaimer: These statements have not been reviewed for accuracy by the FDA. As always, seek the advice of your physician or other qualified health provider when considering trying a new treatment. Do not start or stop taking any medications without speaking to your doctor first.

CANNABINOIDS

Cannabinoids are naturally occurring molecules in the cannabis plant that are the cornerstone of what makes Cannabis a medicine. There are dozens, if not hundreds, of different cannabinoids found in the plant, but some are more well-known and concentrated than others. Cannabinoids interact directly with the endocannabinoid system, a regulatory system found in mammals.

THCa

USES
Anti-Spasmodic,
Inflammatory
Disorders, Appetite

Psychoactive: No
Activation Temp: 220° F

ABOUT

Tetrahydrocannabinol acid is the most abundant cannabinoid in live cannabis and is the precursor to THC. On its own, THCa is non-psychoactive. When heat is applied to THCa, it degrades into THC through a process called decarboxylation. Juicing cannabis is the best way to extract this cannabinoid.

THC

USES
Glaucoma, Pain
Relief, Seizures

Psychoactive: Yes
Vaporization Temp: 315° F

ABOUT

Tetrahydrocannabinol is the most well known of the 114 identified cannabinoids. It is psychoactive & causes the euphoric effects of cannabis. THC directly interacts with the endocannabinoid system to produce full body symptom relief & has many medical benefits including pain relief, antiemetic, antispasmodic, & more.

CBDa

USES
Relaxant, Anti-
Proliferative,
Antioxidant

Psychoactive: No
Activation Temp: 266° F

ABOUT

Cannabidiol acid is the non-psychoactive precursor to CBD. The highest concentrations of CBDa can be found in live cannabis plants. Adding heat to CBDa will transform it into CBD, through a process called decarboxylation. This cannabinoid is often used in creams and lotions for its skin benefits.

CBD

USES
Inflammatory
Disorders, Anxiety,
Multiple Sclerosis

Psychoactive: No
Vaporization Temp: 356° F

ABOUT

Cannabidiol, the second most popular cannabinoid in cannabis, is non-psychoactive on its own. When combined with THC, CBD can mediate the associated psychoactive effect. Using a strain containing CBD can be beneficial for treating mood disorders, inflammatory conditions, & more, as well as provide a more balanced experience.

CBC

USES
Acne, Cancer,
Inflammation

Psychoactive: No
Vaporization Temp: 428° F

ABOUT

Cannabichromene is non-psychoactive & does not bind well to cannabinoid receptors. For this reason, it works better in the presence of a stronger binder, like THC or CBD. However, CBC can bind with other receptors, leading to blocked pain signals & decreased inflammation. CBC is studied as a potential treatment for a variety of conditions.

CBG

USES
Glaucoma, Irritable
Bowel Disease,
Neuropathy

Psychoactive: No
Vaporization Temp: 126° F

ABOUT

Cannabigerol is non-psychoactive cannabinoid. It does not naturally occur in large amounts, although products extracted three-quarters of the way through flowering typically have more CBG. The precursor to CBG, CBGAa, is considered the 'mother' of cannabinoids, because it breaks down into THC, CBD, CBN, CBG, and CBC.

THCv

USES
Weight Loss, Bone
Growth, Diabetes

Psychoactive: Yes, in high doses
Vaporization Temp: 428° F

ABOUT

Tetrahydrocannabivarin is typically non-psychoactive, but can be psychoactive in higher doses. One of the most notable effects of THCv is its ability to suppress appetite; the effects of which can be increased when combined with certain terpenes, like humulene. For this reason, THCv is viewed as a possible weight loss and diabetes aid.

CBN

USES
Glaucoma, Pain
Relief, Insomnia

Psychoactive: No
Vaporization Temp: 365° F

ABOUT

Cannabinol is mildly to non-psychoactive. It is formed as THC degrades due to temperature, sunlight, and heat. CBN works most powerfully in the presence of THC and can produce sedating effects. On its own, it can potential as an anti-bacterial, appetite stimulant, neuroprotect, and more!

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