



CAPSULES OVERVIEW & TIPS

Capsules are filled with activated cannabis oil, allowing a quick and discreet medication method. Some cannabinoids in the oil are absorbed through the mucous membranes in the stomach lining, with the majority of the cannabinoids being processed through the liver. This leads to a slower-acting, but longer-lasting and stronger effect. Because the liver metabolizes THC differently, the effects provide a stronger psychoactivity than other consumption methods. Capsules are also an ideal option for patients with breathing issues.



HOW TO USE

- Use finger, object, or food to place dose in mouth and then swallow.
- Effects felt within 1.5 to 2 hours and last as long as 4 to 8 hours.
- Full effects felt at 2 hours, wait until 2 hour mark to take another dose if needed.

TIPS FOR USE

- Before taking medicine eat a fatty food, like peanut butter or an avocado, to help absorption.
- Start with a low dose, you can always medicate again - counteracting a dose can be difficult
- When trying a new variety of capsule, try it on a day off so you know the full effects first - everyone reacts differently to capsules